

# Menu

## Breakfast – until 11am

Venus breakfasts: white floured baps, delicious bacon, sausages and organic eggs from Devon & Cornwall with hash browns and vine tomato

Venus Breakfast	£5.99	Breakfast Special	£7.50
2 rashers of bacon, sausage, organic egg, 2 hash browns, 1 slice of toast & vine tomato		Venus breakfast plus an organic orange juice & a regular tea or coffee	

Vegetarian Breakfast	£5.99	Vegetarian special	£7.50
2 vegan sausages, 2 hash browns, 2 organic eggs, 1 slice of toast & vine tomato		vegetarian breakfast plus an organic orange juice & a regular tea or coffee	

toast & organic marmalade (V)	£1.99
organic strawberry yoghurt	90p
hash brown (GF)	60p

## Breakfast baps

bacon	£2.99	bacon & organic egg	£3.50
sausage	£2.99	sausage & organic egg	£3.50
vegan organic sausage	£3.25	vegan sausage & egg	£3.75
organic egg (V)	£2.75		

Junior Breakfast	£3.99	Junior Vegetarian	£3.99
1 organic fried egg on toast, 1 sausage, 1 hash brown		1 organic fried egg on toast, 1 vegan sausage, 1 hash brown	

## Pasties & Pies

beef pasty (minced beef, potato & swede)	£2.99
junior sausage roll made with organic pork	£1.99
adult sausage roll	£2.99
organic vegetable gluten free pie [GF]	£3.50
organic vegetable chilli pasty	£3.50
chicken & leek pie	£3.99

## French fries [V] [GF]

regular 1.59	large £1.99	cheesy fries	£2.99
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## Venus Meals

include a regular drink & a large fries

### Burgers – organic beef

Venus burgers are made from the very finest S Devon grass fed organic beef, in a floured bap

	Individual	Meal
¼lb burger with vine tomato	£3.50	£5.99
½lb burger with vine tomato	£5.25	£7.75
¼lb burger with organic cheddar & vine tomato	£3.99	£6.50
½lb burger with organic cheddar & vine tomato	£5.75	£8.25
¼lb burger with bacon & chilli relish	£3.99	£6.50

### Pasties

beef pasty (minced beef, potato and swede)	£2.99	£5.50
adult sausage roll	£2.99	£5.50

### Chicken

organic drumsticks [GF]	£3.50	£5.99
chicken breast fillet with vine tomato & mayonnaise in a floured bap	£3.99	£6.50
chicken & leek pie	£3.99	£6.50

### Meat Free

whitebait breaded fillets, westcountry caught	£3.50	£5.99
Greek salad	£4.99	£6.99
organic vegetable gluten free pie (V)	£3.50	£5.99
organic vegetable chilli pasty (V)	£3.50	£5.99
tofu, vegetable & seed burger with mayonnaise in a floured bap (V)	£3.99	£6.50

### Venus meals for Children

all meals come with an organic yoghurt, Rocks orange squash, organic cucumber slices & a free activity book. Your choices are:

organic strawberry jam sandwich in wholemeal bread & Burts no salt potato chips (V)	£3.99
organic chicken drumstick & Burts no salt potato chips (GF)	£3.99
pasta with a tomato and basil sauce & organic cheddar (V)	£3.99
junior sausage roll made with organic pork & regular fries	£3.99
sausage (Trevarthen farm, Cornwall) & regular fries	£3.99

### Tea Time

two home made scones, organic strawberry jam & Langage farm clotted cream with a regular tea or coffee	£3.99
home made scone	80p
Langage farm clotted cream	£1.25
organic butter	30p
organic strawberry jam	£1.25
an assortment of flapjacks, shortbread, brownies, millionaire shortbread & muffins	from £1.50



(V) Vegetarian [GF] gluten free

Venus reserves the right to change menu prices, products or ingredients without notice.



## Daytime Eating Experience

# Menu

### The Venus Panini

With one of the following fillings

sausage, organic egg & bacon	£4.50
bacon, organic cheddar & sunkiss tomato	£4.50
organic cheddar & sunkiss tomato [V]	£4.50
roasted organic vegetables & sunkiss tomato (Vegan)	£4.50
ham & organic cheddar	£4.50

### Baguettes

**Organic baguettes are baked off on the premises every day, all filled baguettes contain cos lettuce**

organic cheddar cheese & Devon ham	£3.99
Devon free range chicken & mayonnaise	£3.99
skipjack tuna mayonnaise	£3.99

Venus vegetarian tapas (V)

plain baguette, feta cheese, humous, kalamata olives, sunkiss tomatoes & Venus chilli relish	£5.99
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### Sandwiches

**Wholemeal bread**

skipjack tuna, mayonnaise & organic cucumber	£3.25
organic cheddar & vine tomato [V]	£2.99
Devon free range chicken, mango, greek yoghurt & mayonnaise	£2.99
prawn mayonnaise	£3.25
organic strawberry jam (V)	£1.99

**Granary bread**

Devon free range chicken, mayonnaise & sunkiss tomato	£3.25
humous, sunkiss tomato & baby spinach (Vegan)	£2.75
S. Devon crab, mayonnaise & organic cucumber	£4.50

### Salads

**all salads, except Caesar, are dressed with an olive oil, red wine vinegar & Dijon mustard dressing**

crab:	
<b>S. Devon crab meat with organic leaves, red onion, cucumber, spinach and vine cherry tomatoes</b>	£6.95

greek:	
<b>feta cheese, kalamata olives, red onion, organic cucumber, vine cherry tomato &amp; organic leaves (V)[GF]</b>	£4.99

chicken caesar:	
<b>Devon free range chicken, cos lettuce, parmesan reggiano &amp; creamy caesar dressing</b>	£4.99

radical:	
<b>feta cheese, broccoli, white cabbage, carrot, spinach, red kidney beans, cherry tomato, mint &amp; toasted seeds</b>	£4.99

### Hot drinks

carefully selected single estate organic tea and 100% Arabica organic coffees, served with organic sugar and organic Riverford milk

organic Sumatran filter coffee	£1.60	£1.90
<b>(5p is donated to 'Aceh Children's Fund' for each filter coffee purchased)</b>		
organic single estate fair trade tea	£1.30	£1.50
<b>(5p is donated to 'The Venus Beach Wildlife Fund' for every tea purchased)</b>		

Cadbury's hot chocolate	£1.80	£2.00
baby chino	£1.25	

### Organic fresh bean coffees

organic espresso	£1.20	£1.50
organic cappuccino	£1.80	£2.00
mocha		£2.00
organic caffe latte		£2.00
organic americano	£1.80	£2.00

### Cold drinks

Whole Earth organic cola 33cl can	£1.30
Diet Coca Cola	£1.30
Just Water Cornish still spring water 50cl	£1.30
organic Riverford milk 20cl	£1.00
organic Sicilian orange juice 20cl	£1.80
Rocks organic orange squash 20cl	£1.00
Luscombe organic juices 20cl	
apple juice or Sicilian lemonade	£1.80

### Beer, Cider & Wine

**Available at Blackpool Sands & Tolcame and with meals at Bigbury on Sea. Glass on the beach can be dangerous.**

<b>We provide a re-usable plastic glass with a refundable £2 deposit</b>	
Shingle Bay Golden S Hams Ale 50cl	£3.99
Peroni Nastro Azzuro 33cl	£3.25
Real Drink S Hams cider 50cl	£3.99
Magners Irish cider 56.8cl	£3.50
glass of Sharpham S Hams wine (Devon only)	
reserve or estate 17.5cl	£3.99
glass of red, white or rose French house wine 17.5cl	£2.99

### Lollies

magnum classic, magnum white, magnum temptation, twister, mini milk, calippo, cornetto strawberry, feast	from 55p to £1.85
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### Venus Ice Creams

mango sorbet dairy free	£1.65
vanilla, chocolate	£1.50
Venus Ice cream made with organic cream	
coffee, mint chocolate chip, honeycomb	£1.65
kids cone	£1.10
add a flake	35p
<b>(5p is donated to 'The Venus Beach Wildlife Fund' for every flake sold)</b>	



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